

Go on a colour hunt

Turn a walk into a hunt - pick a colour and see how many things you can find together. Follow your child's lead if they want to explore or talk about something else.

Orange is a great colour for autumn - spotting pumpkins, leaves and berries. Find your local allotment and wander around the paths, if it's not locked.

Keep the hunt fun, it's not a colour test - 'These carrots are orange - do you think we can find any other orange things?'. Try hunting indoors as well as outside.

You could take photos and create a collage on your phone using a free app like Photogrid to chat about later, or use in a made-up story.



You'll be helping your child:

- ♦ develop their talking and listening - hearing and using words for different colours and objects, chatting about which ones they like best
- ♦ enjoy being outside (great for mental and physical health) and discovering the world around them (early science)
- ♦ find out about sorting things - by colour, size, living (plants)/ not living (traffic cones) - early maths!