



Babies and young children love sensory play - the messier the better! Halloween offers lots of opportunities to create experiences involving different textures and smells.

Pumpkins - cut open the top and let babies and young children explore! They will love the sensation of the seeds slipping through their fingers and the smell of the pumpkin.



Jelly - red, orange, green, blue - any colour is perfect for a ghoulish activity. It's slippery, sticky and rubbery so encourage squishing between fingers to work on fine motor skills.

If you really want to embrace Halloween (and mess!), make a potion with household items: flour, water, shaving foam or squirty cream, frozen peas or crushed Weetabix. Who remembers making potions as a child? Such joy!

How it helps - sensory experiences help children to:

- discover and explore their world
- develop coordination and strength



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