



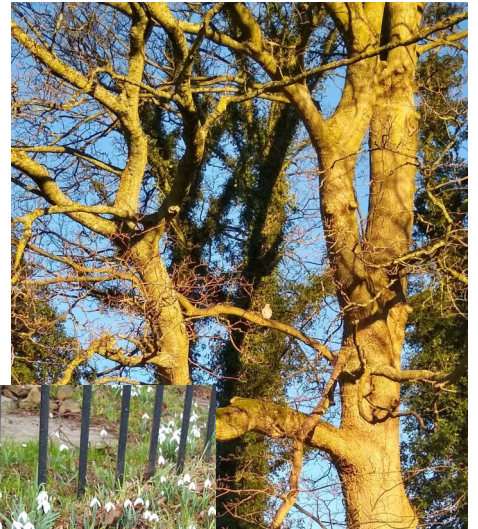
Peep  
tips

Health and Physical  
Development

## Exploring Nature - Winter

Being outside and exploring nature helps children grow and develop as they learn about the natural world around them.

In winter - can you see birds, squirrels or interesting branch shapes in the bare trees, feel the frost or molehills, spot any snowdrops...?



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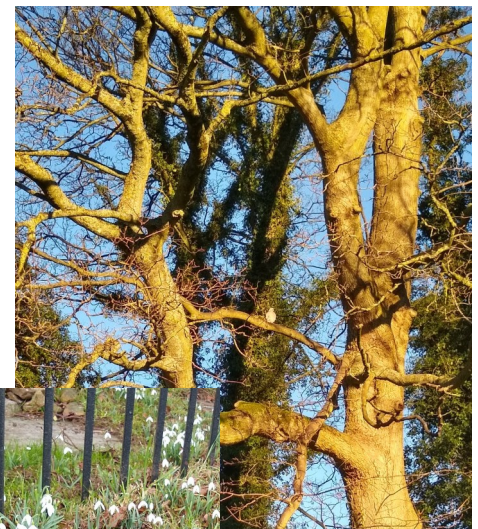
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